



Lothians & Borders Member Group Interactive Bulletin 06 January 2010.



This monthly bulletin illustrates the immediate content our website www.ctclothians.org.uk.

The website is kept up to date so check it for new information.

Contact the Secretary@CTCLothians.org.uk to have details of your activity included.

We are happy that we had enough interest in our **off road trips** to pencil in a trip for the 23rd of January, weather permitting. If you would like to join our trail riding expedition or want to know more about our calendar of mountain bike trips, contact Peter Valente at vtt@ctclothians.org.uk.

Let the City of Edinburgh Council know what you think of the roads, complete this [Road Services Survey](#).

You can elect to choose whether to receive communications from CTC Lothians and Borders Member Group by following the ['IMPORTANT'](#) link on our home page.

EVENTS

Lothians & Borders Member Group organise a series of day rides from Edinburgh throughout the year on Wednesdays and Saturdays. There is also the occasional hard riding Monday run and a shorter run of approximately 2 hours on the third Sunday of each month. [Details of all of these rides can be obtained from our website.](#)

Other cycling organisations organise regular rides, again, [you can find useful links on our website.](#)

title:	event (start) date:	area:	download file:
CTC Sunday Short Run	2010-01-17	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth pool.		
Audax. Tour of E Lothian	2010-02-14	Musselburgh	

<i>description:</i>	Musselburgh RCC 21st. Tour of E Lothian 106km, see details		
CTC Sunday Short Run	2010-02-21	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth pool.		
Audax - Dave Harris Memorial	2010-03-07	Rosewell, S of Edinburgh	
<i>description:</i>	Audax - 201 km details		
Score the Flat Way	2010-03-09	Forfar	click to get details (PDF)
<i>description:</i>	Audax - see details		
Pot-Luck Supper	2010-03-19	Midlothian	click to get details (PDF)
<i>description:</i>	Spring Supper at Mike's place join us for another super nosh-up forks at the ready 19:30		
CTC Sunday Short Run	2010-03-21	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth pool.		
CTC Sunday Short Run	2010-04-18	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth pool.		
Mega Cycle , Penicuik to Prestongrange	2010-05-02	Lothians	click to get details (PDF)
<i>description:</i>	SESTRAN SPONSORED RIDE 2010 - entry fee; bookable transport back to start. Penicuik to Prestongrange (with May Gala festivities), 20 miles following old miners sites across Mid and East Lothian. Mainly paths, half way stop at Dalkeith Park. Suitable for age 8+ (under 16's must be accompanied by an adult). contact lisa.black[at]sestran.gov.uk ,		
CTC Cycling Holiday - Land's to John o'G	2010-05-15	U.K.	
<i>description:</i>	From 15th May to 2nd June 2010. See prospectus		
Etape Caledonia 2010	2010-05-16	Highland Perthshire	

<i>description:</i>	Macmillan Cancer Support Etape Caledonia - Challenge Course See entry form for further details		
CTC Sunday Short Run	2010-05-16	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth Pool.		
5th Grampian CTC rally	2010-05-28	Grampians	
<i>description:</i>	CTC Grampian are holding their Fifth Rally. Friday 28th May - Wednesday 2nd June 2010. Details at www.ctcgrampian.org.uk		
Skye Sportive	2010-05-29	Skye	
<i>description:</i>	A wee spin round the north of Skye! Around the wild and beautiful Trotternish Peninsula. Details		
Mountain Bike World Cup 2010	2010-06-05	Fort William, Lochaber	
<i>description:</i>	The 2010 Mountain Bike World Cup at Fort William with another gravity weekend of Downhill and 4-Cross action. See website for further details		
JOHN TAYLOR Memorial Ride 100 miles	2010-06-19	Dumfries and Galloway	click to get details (PDF)
<i>description:</i>	John was a tireless and dedicated worker for cycling, and every summer he completed a 100 mile ride as a personal challenge. The route was a particular favourite, starting from Castle Douglas, and includes Keir, Drumlanrig and the Dalveen Pass to Abington. Further details www.dandgcycling.org.uk		
Two capitals cycle ride	2010-06-20	South East Scotland.	click to get details (PDF)
<i>description:</i>	The SEStran Two Capitals Cycle Ride is a non-competitive, all-age, all-abilities event that aims to promote cycling for all. Now in its third year, the ride is rapidly becoming the biggest event of its kind in South East Scotland.		
CTC Sunday Short Run	2010-06-20	Edinburgh	
<i>description:</i>	Short ride every third Sunday in the month, Meet 9:50 am Commonwealth Pool.		
VELO-CITY GLOBAL 2010	2010-06-22	Copenhagen	click to get details (PDF)
<i>description:</i>	Copenhagen, June 22-25, 2010 The European Cyclists' Federation, the City of Frederiksberg and the City of Copenhagen are excited to invite you to the first ever VELO-CITY GLOBAL 2010 , a		

	conference that brings together cycling experts, city planners, decision makers, NGOs and researchers from all over the world to discuss the potential and challenges of cycling.		
Kidney Research UK's London to Paris Cyc	2010-06-30	London	
<i>description:</i>	Kidney Research UK's London to Paris Cycle Ride - 30th June - 4th July 2010. See details		

CTC membership Concessions.

We would like to remind members that Biketrax offer members a 10% discount on accessories and 5% on bicycles. This concession extends to stock items, special orders and sales items excluded. [Biketrax](#) are at 11 Lochrin place Edinburgh EH3 9QX 0131 228 6633

CAMPAIGN ISSUES

title:	area:	date posted:	poster:	link_file / map_link
SpokesWorker	<i>Lotians</i>	2010-01-05		
Spokes Worker for December plus Spokes comments on MSP Ian.McKee's defence of the budget				no map available
Canal Tow Paths		2009-12-22		
British Waterways are facing funding cuts which threaten the future of the towpaths, and those parts of the National Cycle Network that run along them. Twice this year British Waterways' property has come under threat from Treasury to be sold off. If this were to happen the network of towpaths would rapidly fall back into disrepair. Sign the petition to register opposition				no map available
Cyclists are not to blame		2009-12-18		
Cyclists are not to blame for the majority of crashes. A study, carried out by TrL for the Department for Transport, found that only a tiny proportion of crashes (2%) is caused by riders jumping red lights or stop signs, or failing to use lights. For more information, read CTC's comments in the Guardian .				no map available
East Lothian Cycle Forum	<i>East Lothian</i>	2009-12-17		download detail-file
East Lothian Cycle Forum – Note of Meeting, 3rd December 2009				no map available
East Lothian Cycling Strategy	<i>East Lothian</i>	2009-12-17		download detail-file
East Lothian Council – Proposed Cycling Strategy (DRAFT)				no map available
Cycle Helmets		2009-12-16		download detail-file
Government report identifies flaws in pro-helmet evidence but reaches equally flawed conclusions				no map available

Exchange 2 Development	<i>Edinburgh</i>	2009-12-13		download detail-file
Scottish Power have put in a planning application notice for Edinburgh Exchange 2 Redevelopment Peter Hawkins comments on this in support of the Spokes response				map link
Cycle safety benefits of 20mph zones		2009-12-11		
The British Medical Journal article confirming that 20mph zones in London have delivered a 17% reduction in cyclist injuries, and a 38% reduction in serious or fatal cyclist injuries.				no map available
Rack and Roll	<i>ideas</i>	2009-12-08	secretary	download detail-file
Mark James (ELCF) -email to Barry Turner of East Lothian Council suggesting bike racks mounted on buses				no map available

Cyclists' Touring Club, a company limited by guarantee, registered in England number 25185. CTC Charitable Trust, a company limited by guarantee, registered in England number 5125969. Registered as a charity in England and Wales number 1104324 and in Scotland number SCO38626